

## What is the point of the spiritual renewal weekend?

We are hoping by God's grace for you to receive. . .

- \* **Rest.** For many of us, our life seems out of sync because we live beyond our limits and need rest. There is a difference between rest and sleep. A temporary removal from the hurry, noise and routines of daily living will help you see and live differently.
- \* **Purpose.** Every waking moment, we receive messages that seek to define and shape who we are. Jesus often pulled away from these conflicting messages to find renewed purpose and identity in the Father.
- \* **Hope.** The daily grind chips away at hope. This weekend experience will give you a taste of "abundant living" PLUS the vision, tools and a fresh desire to fashion a more powerful, peaceful and joy-filled existence, even in the midst of some of the stressful circumstances that are a part of your everyday life.

# In His Image

## A Christ-Focused Spiritual Renewal Weekend

Rock River Retreat  
Webster City, IA

Friday, October 22 through  
Sunday, October 24, 2010

"For God knew his people in  
advance, and he chose them  
to become like his son. . .

Romans 8: 29a  
New Living Translation

## An Invitation to Embrace God's Desire for You.

Your heavenly Father has an end in mind for you this side of heaven. His desire is to transform you into the likeness of Christ (Romans 8:29). God will be tenacious in His pursuit of this desire (Philippians 1: 6) because it is for our greatest good and His glory. Will you join Him in that quest? As you become more like His Son, you will find yourself seeing and living life better.

### Who should consider this retreat?

People looking to take their walk with Jesus to a deeper, richer level.

People who are frustrated with the disparity between their spiritual IQ and their life practice.

People whose lives are filled with hurry and noise (particularly moms with young children).

People who have been through a season of trials that have left them feeling spiritually confused and/or numb.

## What's the schedule?

### Friday

2:00 PM Come early to enjoy a quiet afternoon in your room, on our trails or in one of our break out spaces (optional).

6:00 PM Dinner together.

7:00 PM Evening prayer and worship followed by start of the personal portion of the retreat.

### Saturday

8:00 AM Continue Personal  
To 4:30 PM Retreat

4:30 PM Small Group Time

6:15 PM Dinner

7:15 PM Evening prayers and worship followed by free time for your heart

### Sunday

7:45 AM Sunday  
Prayer/Worship

9:00 AM Breakfast

11:00 AM Return to Ames

## Prerequisites

This weekend is not designed to be a quick fix. It is not an event as much as an experience of an approach to day to day relationship with Christ. To maximize your weekend experience, please read through the Romans 6-8 twice before our Friday evening session.

## What Does It Cost? How do I Register?

Cost for the weekend is \$100 and includes two nights of private lodging and three meals. Complete the attached registration form and mail it with your check for \$100 payable to Rock River Retreat no later than Tuesday, October 20. Our mailing address is P. O. Box 596, Ames, IA 50010. Because of the nature of this retreat, it will be limited to **twelve** participants.

## Your Facilitators

**Larry Austin** launched the first In His Image Retreat in October 1996. **Tom Ingebritsen** is a veteran leader of In His Image Retreats. **Jim Munday** is a gifted musician and worship leader, especially in small groups.

### In His Image Registration

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Telephone (H) \_\_\_\_\_  
(W) \_\_\_\_\_

E-mail address \_\_\_\_\_

(Provide work number only if you don't mind  
being contacted at work.)

#### Retreat Planning Information:

Special dietary needs that we should consider  
in meal planning are:

The observance of fasting during the retreat  
might pose a medical problem for me (please  
circle).

YES      NO

I/we could provide a ride for other  
participants.

YES      NO

I/we would appreciate a ride to the retreat.

YES      NO

I/we would be willing to do a service & prayer  
option.

YES      NO

**Scholarship Information:** Rock River  
Retreat is unable to underwrite  
scholarships that have been a part of In  
His Image in previous years. Contact  
your local church about a partial subsidy  
of your registration.

Return this registration form with your  
check for \$100 to Rock River, P. O. Box  
596, Ames, IA 50010 by Tuesday,  
October 20 If you have questions,  
contact, Larry Austin at 515-291-1590.