

## What is the point of the spiritual renewal weekend?

We are hoping by God's grace for you to receive. . .

\* **Rest.** For many of us, our life seems out of sync because we live beyond our limits and need rest. There is a difference between rest and sleep. A temporary removal from the hurry, noise and routines of daily living will help you see and live differently.

\* **Purpose.** Every waking moment, we receive messages that seek to define and shape who we are. Jesus often pulled away from these conflicting messages to find renewed purpose and identity in the Father.

\* **Hope.** The daily grind chips away at hope. This weekend experience will give you a taste of "abundant living" PLUS the vision, tools and a fresh desire to fashion a more powerful, peaceful and joy-filled existence, even in the midst of some of the stressful circumstances that are a part of your everyday life.

# In His Image

## A Christ-Focused Spiritual Renewal Weekend

Rock River Retreat  
Webster City, IA

Friday, October 30 through  
Sunday, November 1, 2009

"For God knew his people in  
advance, and he chose them  
to become like his son. . .

Romans 8: 29a  
New Living Translation

## An Invitation to Embrace God's Desire for You.

Your heavenly Father has an end in mind for you this side of heaven. His desire is to transform you into the likeness of Christ (Romans 8:29). God will be tenacious in His pursuit of this desire (Philippians 1: 6) because it is for our greatest good and His glory. Will you join Him in that quest? As you become more like His Son, you will find yourself seeing and living life better.

### Who should consider this retreat?

People looking to take their walk with Jesus to a deeper, richer level.

People who are frustrated with the disparity between their spiritual IQ and their life practice.

People whose lives are filled with hurry and noise (particularly moms with young children).

People who have been through a season of trials that have left them feeling spiritually confused and/or numb.

## What's the schedule?

### Friday

2:00 PM Arrival for first time participants. Alumni have the option of early arrival to enjoy time at the retreat.

6:00 PM Dinner together.

7:00 PM Evening Prayer followed by start of the personal portion of the retreat. (A directed retreat option is available)

### Saturday

8:00 AM Continue Personal  
To 4:30 PM Retreat

4:30 PM Small Group Time  
To 6:00 PM

6:15 PM Dinner

7:15 PM Evening Prayers followed by free time for your heart

### Sunday

7:45 AM Morning Prayer/Worship

9:00 AM Breakfast

11:00 AM Return to Ames

## Prerequisites

This weekend is not designed to be a quick fix. It is not an event as much as an experience of an approach to day to day relationship with Christ. To maximize your weekend experience, some teaching and advance preparation will be necessary. As such, we'll be asking first time participants to do some reading and attend a pre-retreat session on October 30 at 2:00 PM.

## What Does It Cost? How do I Register?

Cost for the weekend is \$100 and includes two nights of private lodging and three meals. Complete the attached registration form and mail it with your check for \$100 payable to Rock River Retreat no later than Tuesday, October 27. Our mailing address is P. O. Box 596, Ames, IA 50010. Because of the nature of this retreat, it will be limited to **twelve** participants.

### In His Image Registration

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Telephone (H) \_\_\_\_\_

(W) \_\_\_\_\_

E-mail address \_\_\_\_\_

(Provide work number only if you don't mind

being contacted at work.)

#### Retreat Planning Information:

Special dietary needs that we should consider in meal planning are:

The observance of fasting during the retreat might pose a medical problem for me (please circle).

YES      NO

I/we could provide a ride for other participants.

YES      NO

I/we would appreciate a ride to the retreat.

YES      NO

I/we would be willing to do a service & prayer option.

YES      NO

#### Concerning retreat prerequisites:

I AM planning on attending the 2:00 PM training session on Friday, October 30

YES      NO

**Scholarship Information:** Rock River Retreat is unable to underwrite scholarships that have been a part of In His Image in previous years. Contact your local church about a partial subsidy of your registration.

Return this registration form with your check for \$100 to Rock River, P. O. Box 596, Ames, IA 50010 by Tuesday, October 27. If you have questions, contact, Larry Austin at 515-291-1590.